



THE WELLNESS CLINIC

AESTHETIC, WELLBEING  
AND REMEDIAL TREATMENTS

Harrods

Full terms and conditions for The Wellness Clinic, including our booking process and cancellation policy, are available at [harrods.com/thewellnessclinic](https://www.harrods.com/thewellnessclinic), or can be requested in-store.

AESTHETIC TREATMENTS\*

THE PHI CLINIC

Injectables	from £250	30 minutes
<i>An injection treatment to reduce the appearance of facial lines.</i>		
Fillers	from £500	45 minutes
<i>An injection treatment with hyaluronic acid fillers to add volume to facial areas.</i>		
Volite skin quality therapy	from £600	60 minutes
<i>An injection treatment to hydrate, smooth and address concerns with skin quality.</i>		
PHI lift (ultrasound)	from £600	90 minutes
<i>A non-surgical ultrasound treatment that helps to stimulate the production of new collagen and elastin deep within the skin. Precise ultrasound energy is used to target the deep structural layers of the skin without disrupting the skin's surface. After treatment, the body's tissue repair process stimulates the production of new collagen and elastin, creating a lifting and tightening effect.</i>		
Photo Fabulous	from £495	60 minutes
<i>A laser treatment to address concerns with pigmentation, imperfections and the texture and tone of the skin. Photo Fabulous provides treatment on the face and body.</i>		
HydraGlow	from £200	55 minutes
<i>An instantly refreshing and revitalising boost using a non-invasive skin resurfacing technology to help promote healthy looking skin. The treatment centres around six stages which detoxify the skin, remove dead skin cells, extract debris, and provide hydration to help protect and stimulate collagen levels. Each stage can be customised to address specific skin concerns.</i>		
HydraTite	from £850	120 minutes
<i>An anti-ageing treatment combining HydraGlow with Exilis Elite to help promote a healthy glow and a tighter, more youthful appearance. A course of six treatments carried out weekly or once a fortnight is recommended for optimum results, following up with maintenance treatments every six to 12 months.</i>		

## THE WELLNESS CLINIC

LaseMD £425 45 minutes

*A non-invasive laser treatment combined with therapeutic LED Healite II and high-potency skin serums to address concerns with skin condition and quality.*

Healite II £75 20 minutes

*Therapeutic LED lights that are used to enhance the skin's natural cellular recovery, help address blemishes and promote healthy looking skin. Healite II can be used as a stand-alone therapy or as an adjunctive therapy with many other treatments.*

Coolsculpting from £850 90-120 minutes

*Controlled cooling, utilised to help contour the figure by targeting unwanted fat cells in the body without surgery. Areas commonly treated include the chin, upper arms, bra roll, abdomen, flanks, and inner and outer thighs. Each treatment is bespoke; as such, a consultation must be carried out to assess the entire body from different angles, and then focus on specific areas on which to target the treatment.*

EnCurve from £500 60 minutes

*The application of radio frequency to specific areas of the body including the upper arms, abdomen, hips and thighs, to address stubborn areas of unwanted body fat. A course of four to six treatments is required per area, with a consultation required to determine the best treatment plan.*

Exilis Elite from £350 45-60 minutes

*A combination of radio frequency and ultrasound, delivering controlled deep heat to the skin to help promote the production of new collagen fibres to address loose skin on the face and body. Six treatments carried out weekly or once a fortnight is recommended for optimum results. Maintenance treatments can then be enjoyed every two to six months.*

Obagi Nu Derm (use-at-home prescribed skincare kit) £500

Consultation from £90 30 minutes

*Redeemable against service (excluding consultations with Dr Patel).*

\*PRICES SUBJECT TO CHANGE

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AESTHETIC TREATMENTS\*

**NYDG (NEW YORK DERMATOLOGY GROUP)**

DR COSTAS PAPAGEORGIOU & DR DAVID COLBERT

NYDG Titan Light Rejuvenation – face and neck	£1,800	45 minutes
<i>A platform of light energy waves, targeting collagen firmness in the deeper dermis, helping to reduce skin laxity.</i>		
NYDG Illumino Facial – face and neck	£1,000	40 minutes
<i>Fusing micro-needling with glutathione, one of the most powerful antioxidant agents, to target sun damage and age spots and deliver a healthy looking, radiant complexion.</i>		
NYDG Triad Facial – face	£800	30 minutes
NYDG Triad Facial – face, neck and décolletage	£1,500	45 minutes
<i>A skin-revitalising procedure using three core treatments in a single session, creating that desirable red-carpet glow.</i>		
NYDG E-Lift	£900	30 minutes
<i>A specialised technique of eyelid rejuvenation that aims to revitalise the eyelid and eyebrow area.</i>		
NYDG Hybrid 3D Energy Lift	£5,000	90–120 minutes
<i>NYDG's signature method of facial rejuvenation, employing the regenerative and lifting effects of multilayered energy waves and technologies in a single session.</i>		
NYDG Biological Skin Therapies	£3,500	60 minutes
<i>A customised programme of skin revitalisation that utilises a client's own biological growth factors and plasma cells.</i>		
NYDG Runway Facial	£2,000	60 minutes
<i>An extensive facial designed to deliver camera-ready skin, using a combination of lasers and light therapy – lasergensis, deep infrared waves and photobionic lights – to lift and tone the skin.</i>		
Consultation with 3D imaging and personalised treatment plan	from £295	40 minutes

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## DR MARYAM ZAMANI

Plexr Upper and Lower Blepharoplasty £2,900 45 minutes

*A non-surgical skin-tightening treatment that uses a device to stimulate skin contraction.*

Tri Brow Lift £1,700–£2,500 20–30 minutes

*A triple-action, non-invasive combination treatment that addresses signs of ageing around the delicate eye area for a refreshed, rejuvenated and natural-looking lift.*

Tri Eye Rejuvenation £1,700–£2,500 20–30 minutes

*An anti-ageing treatment designed for clients aged between 30 and 50, amalgamating injectables with Ultherapy – a combination of filler and ultrasound technology.*

## DR DAVID JACK

Egyptian Resurfacing Treatment £250 35 minutes

*One of Dr Jack's signature treatments, comprising three steps: a gentle facial peel, dermaplaning and a vitamin facial.*

Needle Shaping – single session £450 30 minutes

Needle Shaping – four sessions of 30 minutes £1,500

*Shaping biostimulation that uses acupuncture needles and a mild current to lift and add volume to the targeted area.*

The Perfect Peel £450 30 minutes

*A peel that aims to give your complexion a younger and clearer appearance, using an antioxidant called glutathione.*

The Perfect Peel – with pre-treatment using Obagi C-Rx £550

WELLBEING TREATMENTS\*

**LPG ENDERMOLOGIE – PREMIUM CELLU M6 ALLIANCE**

*Mechanical massage treatment using a proprietary rolling and aspiration motion to deeply massage targeted areas of the face and body – helping to stimulate circulation and lymphatic drainage, aid the removal of toxins and excess fluid in the tissues; and helping to decrease water retention while simultaneously encouraging the renewal of collagen production to help tighten and smooth loose skin.*

*For optimum results a course of treatment is recommended.*

FACE	£140	30 minutes
Course of 10 sessions	£1,200	

*Helping to boost skin renewal, with the cell stimulation helping fibroblasts (rejuvenating cells) to boost their production of collagen (firmness), elastin (suppleness), and hyaluronic acid (volume and hydration) that are naturally present in skin.*

BODY	£140	30 minutes
Course of 10 sessions	£1,200	

*Stimulating circulation to address water retention and drain toxins, concurrently boosting fibroblasts (rejuvenating cells) and their environment, and helping the appearance of cellulite.*

**THE ELIXIR CLINIC**

*Delivering vitamin infusions and holistic treatments to encourage beauty from the inside out. An initial consultation is required 48 hours before treatment.*

Adrenal Fatigue VitaDrip	£350	45 minutes
Anti-Ageing VitaDrip	£350	45 minutes
Antioxidant VitaDrip	£280	45 minutes
Diet & Detox VitaDrip	£280	45 minutes
Fitness VitaDrip	£220	45 minutes
Hair Growth VitaDrip	£280	45 minutes
Immunity VitaDrip	£200	45 minutes
Jet Lag VitaDrip	£200	45 minutes
Maintenance VitaDrip	£250	45 minutes
Mood Support VitaDrip	£300	45 minutes
Pre & Post Maternity VitaDrip	£300	45 minutes
Pre & Post Surgery VitaDrip	£240	45 minutes
VIP Elixir VitaDrip	£407	45 minutes
Mineral Tissue Analysis	£250	45 minutes
Harrods VIP Exclusive VitaDrip	£700	45 minutes

## LOUISE PARKER

LPM Transform	£2,400	6 weeks
<i>Comprising weekly coaching from our expert dieticians on all four pillars of the Louise Parker Method for weight loss and habit change; available worldwide.</i>		
LPM Balance	from £2,100	6–12 weeks
<i>The second phase in the Louise Parker Method, offering weekly coaching to maintain long-term results; available worldwide.</i>		
LPM Lifestyle	from £1,500	1 year
<i>The third phase in the Louise Parker Method, offering tapered support from expert dieticians in the first year after LPM Transform; available worldwide.</i>		
Private Fitness	£150	60 minutes
<i>Sessions spanning one-to-one personal training, yoga and Pilates.</i>		
Initial dietician consultation	from £295	55 minutes

## GEN IDENTITY

Consultation DNA test and personalised skincare regime	£1,100	60 minutes
<i>Using cutting-edge Prima-Derm technology to develop a personalised skincare regime for you based on your DNA and lifestyle.</i>		

## MINDFULNESS

*Mindfulness Meditation with Terrence the Teacher*

Initial/single session	£300	75 minutes
Follow-up sessions	£250	60 minutes
Package programme	£750	

*(includes initial session plus 2 follow-up sessions)*

*Group Meditation sessions are available; prices on request.*

Clinical Hypnotherapy and/or NLP (Neuro-Linguistic Programming):

Initial/single session	£300	75 minutes
Follow-up sessions	£250	60 minutes
Package programme	£750	

*(includes initial session plus 2 follow-up sessions)*

Reiki with master teacher Jan Waters

Single session	£250	90 minutes
Package of 3 sessions	£650	

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## REMEDIAL TREATMENTS\*

### CHIROPRACTIC, PHYSIOTHERAPY AND OSTEOPATHY

FERNANDO BIDINO

*A fully integrated specialist in osteopathy, physiotherapy and chiropractic care, Fernando Bidino is one of the very few specialists in London who is able to combine and deliver three main streams of complementary treatment in a single appointment, making his approach both unique and highly efficient.*

Initial session	£170	60 minutes
Follow-up sessions	£90 / £130	30 / 45 minutes

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### III CRYO

*Full-body cryotherapy method, distributing freezing air evenly over the body to help decrease inflammation and help improve circulation.*

1 session	£95	3 minutes
5 sessions	£375	
10 sessions	£650	
20 sessions	£1,000	

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### ACUPUNCTURE

ROSS J BARR

Signature Five Element Acupuncture	£300	60 minutes
Signature Five Element Acupuncture & Facial Rejuvenation Acupuncture	£400	60 minutes

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### MASSAGE

*We offer a wide range of massage treatments incorporating different disciplines of muscle manipulation and relaxation from around the world. Each massage is unique to the individual depending on your requirements; your therapists will take the time to discuss your treatment options with you to ensure maximum results. All massages are available in 55-minute and 85-minute treatments.*

Massage session	£120 / £155	55 / 85 minutes
Deep tissue massage	Remedial massage	Thai yoga massage
Reflexology	Pregnancy massage	Swedish massage
Sports massage	Manual lymphatic drainage	

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