



THE WELLNESS CLINIC

AESTHETIC TREATMENTS*

DR TAPAN PATEL

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| Injectables <i>An injection treatment to reduce the appearance of facial lines</i> | From £250 | 30 minutes |
| Fillers <i>An injection treatment with hyaluronic acid fillers to add volume to facial areas</i> | From £695 | 45 minutes |
| Volite skin quality therapy <i>An injection treatment to hydrate, smooth and address concerns with skin quality</i> | From £600 | 60 minutes |
| PHI lift (Ultrasound) | From £600 | 90 minutes |
| Photo Fabulous M22 Laser <i>A laser treatment to address concerns with the tone and texture of skin</i> | From £495 | 60 minutes |
| Lase MD <i>A laser treatment combined with high-potency skin serums to address concerns with the skin's condition and quality</i> | £350 | 30 minutes |
| Coolsculpting <i>Uses controlled cooling to address problems with isolated, stubborn areas of unwanted fat</i> | From £850 | 90-120 mins |
| EnCurve <i>A radio-frequency treatment to address concerns with stubborn areas of unwanted body fat</i> | From £750 | 60 minutes |
| Exilis <i>A radio-frequency treatment to address loose skin on the face and body</i> | From £500 | 45-60 mins |
| Obagi Nu Derm <i>A use-at-home prescribed skincare kit</i> | £500 | |
| Consultation | From £95 | 30 minutes |

DR MARYAM ZAMANI

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| Plexr non-surgical upper and lower blepharoplasty <i>Plexr is a non-surgical skin tightening treatment that uses a device to stimulate skin contraction</i> | £2,900 | 45 minutes |
| Tri brow lift <i>A triple-action, non-invasive combination treatment that addresses signs of ageing around the delicate eye area for a refreshed, rejuvenated and natural-looking lift</i> | £1,700-£2,500 | 20-30 mins |
| Tri Eye Rejuvenation <i>Designed for clients aged between 30 and 50, the procedure is an anti-ageing treatment that combines injectables, filler and ultrasound technology, Ultherapy</i> | £1,700-£2,500 | 20-30 mins |

DR DAVID JACK

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| Egyptian Resurfacing Treatment <i>One of Dr Jack's signature treatments. It comprises three steps: a gentle facial peel, dermaplaning and then a vitamin facial</i> | £250 | 35 minutes |
| Needle Shaping Session <i>Shaping biostimulation uses acupuncture needles and a mild current to lift and add volume to the targeted area</i> | £450 | 30 minutes |
| Needle Shaping (4 sessions x 30 minutes) | £1,500 | |
| The Perfect Peel <i>A peel that aims to give your complexion a younger and clearer appearance, using an antioxidant called glutathione</i> | £450 | 30 minutes |
| With pre-treatment with Obagi C-Rx | £550 | |

NYDG (NEW YORK DERMATOLOGY GROUP)

DR COSTAS PAPAGEORGIOU AND DR DAVID COLBERT

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| NYDG Medical Triad Facial Face only | £800 | 60 minutes |
| Face and décolletage | £1,500 | 60 minutes |
| <i>A skin-revitalising procedure that uses three core treatments in a single session, creating that desirable red-carpet glow</i> | | |
| NYDG E-Lift | £900 | 60 minutes |
| <i>A specialised technique of eyelid rejuvenation that aims to enhance the eye area</i> | | |
| NYDG Hybrid 3D Energy Lift | £5,000 | 120 minutes |
| <i>NYDG's signature method of facial rejuvenation, employing the regenerative and lifting effects of multi-layered energy waves and technologies in a single session</i> | | |
| NYDG Biological Skin Therapies | £3,500 | 60 minutes |
| <i>A customised programme of skin revitalisation that utilises a client's own biological growth factors and plasma cells</i> | | |
| NYDG Runway Facial | £2,000 | 90 minutes |
| <i>This extensive facial delivers camera-ready skin, using a combination of microdermabrasion, radio-frequency lasers and infrared light to lift and tone the skin</i> | | |
| Consultation with 3D imaging | From £295 | 45 minutes |

*PRICES SUBJECT TO CHANGE

WELLBEING*

LOUISE PARKER

LPM Transform £2,400 6 weeks
Weekly coaching from our expert dieticians on all four pillars of Louise Parker's method for weight loss and habit change. Available worldwide

Popular Programmes

LPM Transform integrated with Louise Parker's Workout Method in our private fitness studios

Optimum (12 sessions x 60 minutes) £4,000 6 weeks

Intensive (24 sessions x 60 minutes) £6,900 6 weeks

Ultimate (36 sessions x 90 minutes) £10,500 6 weeks

LPM Balance From £2,100 6-12 weeks
The second phase in the Louise Parker Method offers weekly coaching to maintain long-term results. Available worldwide

LPM Lifestyle From £1,500 1 year
The third phase in the Louise Parker Method offers tapered support from expert dieticians in the first year after LPM Transform. Available worldwide

Lifestyle Assessment £750 180 minutes
A 90-minute dietician consultation and a 90-minute physical body screen followed by a Lifestyle Assessment Report

Private Fitness £150 60 minutes
One-to-one personal training, yoga and Pilates

Initial dietician consultation From £295 55 minutes

CHIROPRACTOR*

DR BEN CARRAWAY

Initial consultation and treatment From £295 55 minutes

Follow-up treatments From £90-250

ACUPUNCTURE*

ROSS J BARR

Signature Five Element Acupuncture £300 60 minutes

Signature Five Element Acupuncture & Facial Rejuvenation Acupuncture £400 60 minutes

III CRYO*

DR YANNIS ALEXANDRIDES

Whole-body cryotherapy session £95 3 minutes

5 sessions x 3 minutes £375

10 sessions x 3 minutes £650

20 sessions x 3 minutes £1,000

THE ELIXIR CLINIC*

Delivering vitamin infusions and holistic treatments to encourage beauty from the inside out.

An initial consultation is required 48 hours before treatment.

Adrenal Fatigue VitaDrip® £350 45 minutes

Anti-Ageing VitaDrip® £350 45 minutes

Antioxidant VitaDrip® £280 45 minutes

Diet & Detox VitaDrip® £280 45 minutes

Fitness VitaDrip® £220 45 minutes

Hair Growth VitaDrip® £280 45 minutes

Immunity VitaDrip® £200 45 minutes

Jet Lag VitaDrip® £200 45 minutes

Maintenance VitaDrip® £250 45 minutes

Mood Support VitaDrip® £300 45 minutes

Pre & Post Maternity VitaDrip® £300 45 minutes

Pre & Post Surgery VitaDrip® £240 45 minutes

VIP Elixir VitaDrip® £407 45 minutes

Mineral Tissue Analysis £250 45 minutes

Harrods VIP Exclusive VitaDrip® £700 45 minutes

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